



Dear Parents,

We are writing to introduce you to SuperDville, the Social Emotional Learning (SEL) curriculum we will use this year. The program utilizes videos, peer-to-peer learning, and skills-based activities to help students with learning differences get the extra social-emotional support they need.

As we move through the program, we will be working on building social skills and increasing self-esteem around schoolwork. Some of the specific content we will be exploring includes:

- Talking about stress and how to reduce it
- Turning obstacles into opportunities to grow
- Practicing self-acceptance
- Developing tools for self-advocacy

You might see your child bring home worksheets and art projects with the SuperDville logo. We encourage you to talk about these projects with your child. You may find that they have new strategies and ways to talk about challenges they encounter with friends or in their academics!

If you have any questions about the program, you can take a look at their website for more information, [superdville.com](http://superdville.com).

All the best,